

THE PARENT/TEENAGE RELATIONSHIP

Workshop for parents

Date	Check website for dates
Location	Croydon
Fee	£60 for individuals and £85 for co-parenting couples

Description



Has your relationship with your child(ren) changed since they reached double digits?

Do you sometimes wonder who stole your sweet, happy child and replaced them with a moody angry substitute or wonder if you are living with an alien?

Would you like to understand what is happening and develop new ways of negotiating a way forward without the stress and yelling.

I have many years of working with both children and parents assisting them and supporting them individually to develop healthier and happier homes, it can be done!

Attending my one day workshop will open up a way forward.

Aims

To explore and better understand the changing relationship and communication needs between parents and children as the children become teenagers, and how to stay engaged in a productive and respectful way during the process.

- ✓ Every workshop will be highly participative and attendees will be actively involved throughout.
- ✓ Having fun will be actively encouraged.
- ✓ Theories will be kept to a minimum (unless specifically requested)

Who is it for?

Parents of teenage children or children approaching the teenage years.

Booking

Please email or telephone me if you have any questions or would like to book a place.